Rainbow After the Storm

They say it’s the happiest time.

It’s true, until it’s not.

Doesn’t change the happy times.

They say it’s more common than we really know.

It’s true, about 75% of conceptions end in a miscarriage.

Doesn’t change that it happens.

They say it’s not your fault.

It’s true, most are chromosomal deficiencies.

Doesn’t change the loss.

They say there’s nothing you could do.

It’s true, it happens and there is no way to stop it.

Doesn’t change the need to try.

They say you’re not likely to have another one.

It’s true, only about 1% have recurring miscarriages.

Doesn’t change the worry every time you go to the doctor, hoping to hear a heartbeat.

They say at least it was early on.

It’s true, most miscarriages happen in the first 12 weeks.

Doesn’t change the pain.

They say it was a biochemical pregnancy.

It’s true, 60% of pregnancies that end in miscarriage don’t get clinically confirmed.

Doesn’t change that I knew.

They say you can try again.

It’s true, maybe I am still able to get pregnant again.

Doesn’t change the fact that as you get older, you have a higher risk of miscarriage.

They say there’s a rainbow after the storm.

It’s true.

Doesn’t change the need to weather the storm.